

July 2010

# Chamber Chatter

Kearney Chamber of Commerce, PO Box 242, Kearney, MO (816) 628-4229

## New Chamber Website

### The Chamber Board:

#### President:

Dr. Julie Holtz

#### President-Elect:

Wade Maupin

#### Liaisons:

Randy Smith

Joan Updike

#### Directors:

Steve McDonald

Jennifer Grossl

Craig Fischer

Jim Beaty

Elizabeth Mohler

Brian Narron

#### Treasurer:

Lucinda Butler

#### Ex. Officio:

Jason Hoyt

#### Executive Director:

Siouxan Eisen

### Calendar Of Events

#### JULY

9 – Ribbon Cutting Ceremony, 9:00 a.m., Kearney McDonald's.

17 – Ali Kemp Sr. Self Defense Class, 10:00a.m.-noon, Liberty Middle School

#### Kearney Amphitheater

10 – Revelation with Stairway to Zepplin concert, 7:00 p.m.

24 – Paradise City with Dead or Alive concert, 7:00 p.m.

31 – Justin Moore with Hazzard County, 7:00 p.m.

If you've visited the Kearney Chamber of Commerce website lately, you'll have noticed some big changes. Thanks to Dale Ahle of TCOM, Inc., the website has been completely revamped. It is now easier to navigate – especially the membership directory – and our upcoming activities and highlights are scrolling on the right hand side. We are still making changes and welcome any input into what you'd like to see.

I'd like to encourage everyone to visit our new site – we are very pleased with its sleek new look!

A huge thanks to Rod Schrivener for maintaining the website for the Chamber all these years. His efforts have not gone unnoticed and are greatly appreciated.

##

### Business of the Month – Marla Bressman, NCTMB, LMT

1. *You have several acronyms behind your name - can you tell us what they stand for?*

LMT stands for Licensed Massage Therapist  
NCTMB is for National Certification in Therapeutic Massage - I had to take an exam to show I knew what I was doing to practice massage in Missouri. This is also respected in most states.

2. *Where do you practice your Massage Therapy?*  
I practice Massage Therapy inside A Touch of

Health Chiropractic, located in the Orschelin Plaza, next to Pizza Shoppe.

3. *What forms of therapy do you have available, and please explain how each one helps in a different way.*

Like most therapist I offer **Basic Swedish Massage**. Swedish is a relaxation and health maintenance massage.

Soothing strokes that help move cellular waste and ease aches, pain and tension.

**CranioSacral Therapy** is a gentle treatment approach that works with the natural self-correcting mechanism of the body and CranioSacral system (the membranes and fluid that surround the brain and spinal cord) to detect and release restrictions in mobility and to enhance function. The rhythmic movement of the CSF (CranioSacral Fluid) can be palpated and used to determine the core issue so that treatment can focus on the cause rather than the symptoms. I listen to what your body tells me and intuitively work where needed.

I'm even amazed at the healing that happens on my table. This is truly one of my passions and all the healing done on my table is in the name of my Savior, Jesus Christ.

**Prenatal massage** helps ease the aches and stress that being pregnant can bring to the body. For this massage clients must be in the second trimester and have OBGYN's approval.

**Reflexology** is a science that deals with the principle that there are reflex areas in the feet and hands that correspond to all of the glands, organs, and parts of the body.

**Integrated massage** is my most popular massage. I take all of my tools in my "tool belt", CST, aromatherapy, myofascial, basic Swedish etc. Included in this is Trigger point therapy where I will work on smoothing out the knots you feel in your muscles.

**Raindrop treatment** is a combination of reflexology, essential oils, feather strokes and more, for a completely relaxing and refreshing time. This also helps detoxify the body and protect it from microscopic influences on the body.

Fibromyalgia clients have benefited from this treatment. Each treatment may be enhanced with aromatherapy, hot stones, and/or hot towels added to treatment. I'm also an Independent Distributor for **Young Living Essential Oils**. And in September I will be offering classes on essential oils, how to use them and the benefits you could receive from them. Keep your eyes open for more details to come.

4. *How did you become interested in becoming a Massage therapist?*

Since I was a teen I liked rubbing on my friends shoulders to make them feel better. After staying home for 9 years homeschooling my three children I went back into the workplace. I liked my job as a server but was missing out on family time and decided its time to go back

## New Members!

Kearney Chamber of Commerce would like to welcome the following new members:

### First Class Property Inspections, LLC

Kurt Witt & Jessie Hayes  
PO Box 901984  
Kansas City, MO 64190  
816-718-5019  
web:  
[www.1stclassinspections.com](http://www.1stclassinspections.com)

### The Armory

Jim Thomas  
701 N. Country Ave.  
Kearney, MO 64060  
816-903-0999  
fax: 816-903-0990  
web:  
[www.thearmoryonline.com](http://www.thearmoryonline.com)

### Rod Barnhart

New Owner of Pratt Carpet Care  
405 E. 20<sup>th</sup> Terrace  
Kearney, MO 64060  
816-628-5602  
email:  
[prattcarpetcare@kc.rr.com](mailto:prattcarpetcare@kc.rr.com)

## WELCOME!!!

### Ribbon Cutting Ceremony!

Mark your calendar – McDonald's of Kearney invites all Chamber members to attend a ribbon-cutting ceremony on Friday, July 9, 9:00 a.m. to welcome all to their new facilities! Please plan to attend and see their beautiful new building for yourself!

##

## Chamber Chatter

to school. Since I've always loved to help others feel better through massage I chose to go to massage school. I attended Massage Therapy Training Institute in Kansas City.

5. *How many years have you been practicing?*

I have been practicing massage since October 2007.

6. *What circumstances brought you to Kearney?*

I was working in a chiropractic office in Smithville with not much success. The Dr. and I had different passions. As I was thinking about leaving, another chiropractor in Smithville introduced Dr Julie Holtz and myself. It was so refreshing to meet someone with the same goals for our clients and a positive, healthy outlook. I couldn't say "No"!

I love this community, everyone is so welcoming and friendly. About a week before Dr Julie called me, my husband of 25 1/2 yrs decided to move to the Kearney area after our children graduate high school. We are looking forward to being a bigger part of the community.

7. *Please tell us about any specials you are currently having.*

My best special is and on going program. If you commit to coming in once a month for a complete year you will receive a \$10 a month discount, any visits after the first one you receive a \$15 discount. Your total savings will amount to two free massages by the end of the twelve months. For chamber members I would like to offer a first time visit discount of \$15. Just tell me before your visit your a chamber member.

In this fast paced life that most of us live we should be getting regular monthly massages. This is so important for your body's health. We push and push ourselves to get all the things done on our never ending list. Our bodies forget how to

relax and rest. This is so important for our immune system and general rejuvenation of our cells.

People think of massage as a special treat. I think of it as a treat and a necessity to keep our bodies healthy.

##

### Ali Kemp Senior Self Defense Class

*From Clay County Senior Services:* July 17<sup>th</sup> is our first Ali Kemp Senior Self Defense class. It will be from 10am-noon and held at the Liberty Middle School. Priority registration for seniors and their daughters, granddaughters and friends and then all ages may register if spots are still open. Thank you!

Tina Uridge, Executive Director  
Clay County Senior Services  
4444 N. Belleview, Suite 108  
Gladstone, Missouri 64116  
816-455-4800 (office)  
816-455-2707 (Fax)  
[www.claycoseniors.org](http://www.claycoseniors.org)

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### Back to School Fair

United Services Community Action Agency's Clay County "Back to School Fair" is August 5, 2010 from 9:30- AM - 6 PM at the Shoal Creek Community Church, 6816 S Church Rd, Pleasant Valley, MO 64068. Registrations required – call 630-0037 or 459-9615, or on line [www.choose-hope.org](http://www.choose-hope.org); deadline is July 15. There is no charge.

Children will receive free book bags and school supplies as well as health and dental screenings and resources from Cerner's Healthe Kids, Clay County Public Health Center, Love, INC., Salvation Army, St. James Lutheran Church, and Clay County School Districts.

This project/program is funded in whole/or part with federal funds received from the U.S. Department of Health and Human Services (HHS) and provided by Missouri

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Department of Social Services, Family Support Division. The funds received from the Family Support Division are all federally funded.

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### New Faces



Meet Michelle Harrington: UMKC Graduate with a Bachelor's in Business Administration. Started the Real Estate Business in 2005 with RE/MAX. Just recently joined the RE/MAX Kearney office with Brad Brown. I truly enjoy assisting buyers and sellers in the marketplace, and I look forward to serving the people in your community. I am currently a resident of Excelsior Springs, MO. and have enjoyed the last 7 years in this area. Some of my hobbies are gardening, hiking/nature walks, traveling, fitness, and I am a pet owner (horses and dogs).

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### Idoleyes Becomes Precision Optics

And they are growing, too, which of course includes a name change, the ability to provide comprehensive eye exams, dispense fashion eyeglasses, sunglasses and contact lenses, and that we soon will or now accept most vision insurance plans! Eye exams can begin being scheduled as soon as July 9th. Our website is [www.precisionopticskc.com](http://www.precisionopticskc.com) and our office number is 816-635-2211. Stay tuned for a ribbon cutting ceremony!

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